

The 20th Day of April

Commemoration of Ven. Theodore Trichinas (The Hair-Shirt Wearer).

Evening Service

At “Lord, I call...,” 3 stikhera, in Tone 8: *Special melody: “O all-glorious wonder...”*

O venerable father Theodore, /
Thou didst bring thyself as a chosen gift to God: /
Offering Him thy humility to the end, /
Standing all night in vigil and penitence, /
Learning the divine teachings: /
True dispassion and earnest prayer; /
Watchfulness and compassion, /
Faith and hope and pure love; ///
Revealing thyself as a radiant pillar of light.

O venerable father Theodore, /
Wisely seeking to clothe thyself in the garment of virtue, /
The raiment of truth and the vesture of salvation; /
Thou didst don a sackcloth woven from hair /
And wore it always as a covering for thy body; /
And strengthened by the power of the Spirit ///
Revealing our own nakedness as we are stripped bare by the evil one.

Being humble in spirit, O blessèd one, /
Thou didst offer thyself as a living sacrifice /
And a precious offering /
To God incarnate of the Virgin Mother, /
Who humbled Himself for our sake. /
Therefore thou hast received the delights of heaven: ///
Always intercede, we pray, that He have mercy on us.

Glory... now and ever..., Theotokion: Same Tone and melody:

The pre-eternal God became incarnate of thee, /
O most pure Lady, /
Revealing thee as the intercessor for mankind. /
Therefore, deliver us, thy servants /
From every tribulation and sorrow /
Brought on by the wiles of the enemy; /
So that ever glorifying and honoring thee ///
We may come to partake of the splendors of the chosen ones.

20 APRIL: VENERABLE THEODORE TRICHINAS, THE HAIR-SHIRT WEARER.

Or the Stavrotheotokion: Same Tone and melody:

Beholding Thee upon the Cross, O Jesus, /
As a willing sacrifice , /
Thy Virgin Mother cried aloud: /
Woe is me, my sweet Child, /
Woe is me, O Master! /
How is it that Thou art wounded unjustly? /
O Physician Who healest the infirmities of mankind /
And deliverest all from corruption, ///
In Thy loving kindness.

Or Dogmatic Theotokion if a Resurrection service;

[No Troparion is given for the saint in the Menaion]

Morning Service

[The Canon for the Martyr]

... incomplete as of 1/2013

The Kontakion to the saint, in Tone 4: Special melody: "Having been lifted up..."

O wise father Theodore, /
Thy life was resplendent with wonders: /
For by changing thy rags of woven haircloth /
Into robes more precious than any royal vesture, /
Thou didst receive the vestments of heaven. /
Therfore we beseech thee, O venerable one, ///
To ever pray for us all.