

# ST. MARK ORTHODOX CHURCH

ORTHODOX CHURCH IN AMERICA (OCA.ORG)  
DIOCESE OF EASTERN PENNSYLVANIA (DOEPA.ORG)



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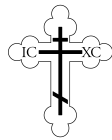
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## SUNDAY, AUGUST 4, 2013

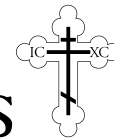
**6th SUNDAY AFTER PENTECOST — Tone 5.** Holy Seven Youths ("Seven Sleepers") of Ephesus: Maximilian, Jamblicus, Martinian, John, Dionysius, Exacustodian (Constantine), and Antoninus (250). Martyr Eudoxia of Persia (362-364). Martyr Eleutherius of Constantinople (4th c.).

**Epistle:** Romans 12:6-14

**Gospel:** Matthew 9:1-8



## SCHEDULE OF SERVICES



**Confessions:**

Saturdays Following Vespers  
*Also by appointment*

**Vespers:  
Vigil**

Saturdays at 6pm  
Eve of Feasts at 7pm

**Divine Liturgy:**

Sundays at 9:30am  
Feast Days at 9:15am

## UPCOMING SERVICES AND EVENTS:

- Sun, Aug 4:** **Holy Seven Youths of Ephesus.** Hours – 9:10am, Divine Liturgy – 9:30am, Fellowship Hour – 11:15am  
**Mon, Aug 5:** Vigil for Transfiguration – 7pm  
**Tue, Aug 6:** **TRANSFIGURATION OF THE LORD.** Hours – 9am, Divine Liturgy – 9:15am  
**Wed, Aug 7:** Akathist followed by Adult Education – 9:15am, Prison Ministry – 7pm-9pm  
**Thu, Aug 8:** Great Vespers for St. Herman of Alaska – 7pm  
**Fri, Aug 9:** **St. Herman of Alaska.** Hours – 9am, Divine Liturgy – 9:15am  
**Sat, Aug 10:** Great Vespers and Confessions – 6pm  
**Sun, Aug 11:** **Holy Martyr and Archdeacon Euplus.** Hours – 9:10am, Divine Liturgy – 9:30am, Fellowship Hour – 11:15am

# ANNOUNCEMENTS:

**Vacation Church School** St. Stephen's Cathedral is hosting a Vacation Church School from August 20-22, 9AM to 1PM. It is for K through 12 and will offer indoor/outdoor activities (weather permitting) and interactive arts and crafts. Registration forms are available in the vestibule. There is a \$10 registration fee per child and all materials for the school will be provided.

**Deanery Clergy Family Picnic:** The Philadelphia Deanery Clergy Family Picnic will be held on Sunday, August 25 at 1pm at the rectory of St. Stephen's Cathedral in Philadelphia.

**Prison Ministry Presentation:** Orthodox Christian Prison Ministries will offer a presentation on various aspects of prison ministry and resources available at St. Stephen's Cathedral on August 22<sup>nd</sup> from 1PM to 4PM. If you are interested in attending speak with Fr. Martin

**Dormition Fast:** The Dormition Fast is August 1 until August 14. The Feast of the Dormition of the Theotokos will be celebrated on August 15. It is a Fast like the other three fasting periods of the year, from meat and dairy products, from excessive eating and drinking, from idleness and self indulgence and FOR PRAYER, FOR ALMSGIVING, FOR REPENTANCE. The Dormition Fast prepares us to celebrate the great sign of the Theotokos's Falling Asleep, the promise of our own Eternal Life in Body, Soul and Spirit if we do as She has done, hear,

## VIGIL LIGHTS:

From the Perdakis Family:

- **In Memory of**  
Antonia, Arthur, Evangelia, Kleo, Ekaterini, Emmanuel, Nikolas, Demetrios, Zografia
- **For the Health of**  
Bruce, Anthony, Angelo, Patricia, Michele, Arthur

From the Moser Family:

- **In Memory of**  
Deacon John, Veronica, Rebecca, Charles, Stephen, Michael, Ann
- **For the Health of**  
Archpriest Alexander, Archpriest John, Protodeacon Peter, Connie

From the Sedor Family:

- **For the Health of**  
Nancy, Connie, Mary Anne, Thomas

## BIRTHDAYS:

- Archpriest Michael Sekela – August 10

ponder and do the Will of God in our lives. The fasting from and the doing for TOGETHER enable us to better fulfill the Lord's Will in our lives, clearing out the weeds and planting new seeds of life in the garden of our spirit, soul and body. Note that we are called to do what we can according to our age, health, state in life. Those with medical conditions should fast only to the degree it does not impact their health, the same with the aged. Any questions, ask Fr. Martin. Remember St. John Chrysostom's dictum, if we can fast from sin, we can eat anything. Focus on fasting from sin.

**The Scrip Program: The next Scrip order will be NEXT SUNDAY during coffee hour.** To all, thank you for your support. **To place orders see Larissa Ravetto or phone (215) 766-1220 or email [ravetto2001@gmail.com](mailto:ravetto2001@gmail.com).**

**Parish Revitalization:** Next meeting for the Parish Health Inventory Model will be **August 25**.

**Feed the Hungry, clothe the naked: The Rescue Mission in Trenton** is in extreme need of clothing. They will have a box here from August 2 to September 2 to collect clothing. Please use the Dormition Fast as a time to check your closets and cabinets for clothing you no longer need or want and bring it with you for donation. *If you cannot find Christ in the beggar at the Church door, you will not find him in the Chalice.* St. John Chrysostom.