

ST. MARK'S ORTHODOX CHURCH

ORTHODOX CHURCH IN AMERICA (OCA.ORG)

DIocese of Eastern Pennsylvania (DOEPA.ORG)

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Church School Director: Jennifer Sremanak



SUNDAY APRIL 3, 2016

THIRD SUNDAY OF LENT — Tone 3. Veneration of the Cross. Ven. Nicetas the Confessor, Abbot of Medikion (824). Virgin Martyr Theodosia of Tyre, and Martyr Irene (307-308). St. Illyricus of Mt. Myrsinon in the Peloponnesus. Martyrs Elpidophorus, Dius, Bithonius and Galycus. Icon of the Most-holy Theotokos "THE UNFADING BLOOM".

Epistle: Hebrews 4:14-5:6

Gospel: Mark 8:34-9:1

SCHEDULE OF SERVICES

Confessions:	Saturdays Following Vespers <i>Also by appointment</i>
Great Vespers: Vigil	Saturdays at 6pm Eve of Feasts at 7pm
Divine Liturgy:	Sundays at 9:30am Feast Days at 9:15am

UPCOMING SERVICES AND EVENTS:

Sunday, April 3:	Hours and Divine Liturgy – 9:10am; Coffee Hour; Lenten Mission Service at St. Nicholas Orthodox Church, Coatesville – 4pm
Wednesday, April 6:	Liturgy of Presanctified Gifts – 9:15am; Prison Ministry – 7pm
Thursday, April 7:	Pre-School Church School – 12:30pm
Friday, April 8:	Liturgy of Presanctified Gifts – 7pm
Saturday, April 9:	Church and Grounds Cleanup: Sisterhood inside, men outside – 9am–3pm; Great Vespers and Confessions – 6pm
Sunday, April 10:	Hours and Divine Liturgy – 9:10am; Coffee Hour; Mission Service at Holy Assumption Orthodox Church, South Philadelphia – 4pm

ANNOUNCEMENTS:

Food Sale: Thank you to all who contributed to the latest Food Sale. Again, it was a successful effort due to the collaboration of many. Your assistance, whether in making sales, preparing, serving, cleaning up is greatly appreciated. We still have a large selection of pierogi available for purchase, if you are interested. We will sell pierogi to the public on Saturday April 23, from 1-3pm.

Also, we will take orders **from parishioners only** for Pascha Bread and Kielbasa. Order forms available today.

Great Fast: Let us be more zealous in fasting from sins such as greed, anger, resentment, hatred, judgment of others, vanity, laziness than in fasting from meat and dairy products. Fast from food, yes. Eat less, and abstain from meat and dairy to the best of your ability, not to suffer, but to gain self-control, to overcome gluttony. Replace these things with prayer, almsgiving (time, talent and treasure), humility, love. Above all, seek forgiveness by offering forgiveness. Let us pray for one another, and let us walk together in joy through this time of repentance and renewal.

Lenten Retreat: Saturday April 16, 10-3pm. We welcome again Fr. Alexander Golubov who will offer a presentation on Confession and the Pathology of the Soul. Confession is not simply for Lent. It is a grace filled gift which our saints have called a second baptism, a baptism of tears, a cleansing and healing experience of Divine Mercy. Come for this day and hear how the pathology(ies) of our soul are

Memorial Saturdays: If you have additional names you wish to submit for remembrance during these services, please give them to Fr. Martin. Previously submitted names are on file. Those who have reposed since last Lent should be submitted for remembrance.

Parish Cleanup Day: The Sisterhood will have an inside cleanup on Saturday, April 9 and we need to have a grounds cleanup that day also. How much we accomplish depends on how many can be here. Minimally, we need to cleanup the area around the church for the procession on Pascha and there is more to be done on the rest of the grounds. For the outside a rain date of Saturday, April 23 Noon to 3pm.

Mirrors of Truth: Next meeting on April 19. We will continue our discussion with Vesna Djokic on what neuroscience can teach us, and not teach us, and the intersection between our spiritual life and self understanding.

Scrip Program: Next April 10. Last week profit **\$58.26.**
YTD, \$167.52.

Wrightstown Food Cupboard:

Please continue to remember to bring coffee, tea, juice, pasta, peanut butter for the pantry.

LENTEN SCHEDULE:

Liturgy of the PreSanctified Gifts

Wednesdays – 9:15am

Fridays – 7pm

Mission Services

Sundays at 4pm. See Schedule in Church Hall.

Parish Lenten Retreat

Saturday April 16th: Confession and the Pathology of the Soul.
Archpriest Alexander Golubov

VIGIL LIGHTS:

From Jeanette Ruano:

For the health of:

Leslie Buck

From Alan Lee Litvin:

For the health of:

Raymonde

In Memory of:

Samuel, Amelia, Shane, and all my relatives departed this life.

BIRTHDAYS:

Julie Stell

BE ATTENTIVE TO YOURSELF:

Be attentive, then, to yourself, that is, neither to what is yours nor to what is around you, but be attentive only to yourself. For we ourselves are one thing, and what is ours is another, and the things around us are another. Thus we are the soul and the mind, through which we have come into being according to the image of the Creator, but the body is ours and the sense perceptions through it, while around us are possessions, skills, and the other equipment of life.

St. Basil the Great. HOMILY ON THE WORDS "BE ATTENTIVE TO YOURSELF. Trans. Nonna Verna Harrison. SVS Press, 2005.