

# ST. MARK'S ORTHODOX CHURCH

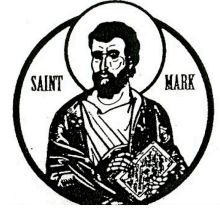
ORTHODOX CHURCH IN AMERICA ([OCA.ORG](http://OCA.ORG))

DIocese of Eastern Pennsylvania ([DOEPA.ORG](http://DOEPA.ORG))

452 DURHAM RD, WRIGHTSTOWN, PA 18940

PHONE: 215-860-9640 • EMAIL: [INFO@STMARKSOCA.ORG](mailto:INFO@STMARKSOCA.ORG)

[WWW.STMARKSOCA.ORG](http://WWW.STMARKSOCA.ORG)



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and on Twitter @stmarksoca

**Priest Raymond Martin Browne, Rector**

Phone: 570-906-1388

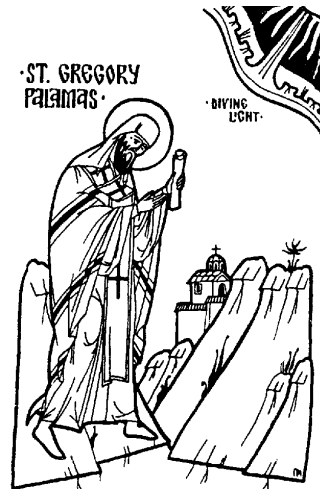
Email: [frraymondmartin@hotmail.com](mailto:frraymondmartin@hotmail.com)

**Archpriest Michael Sekela, Attached**

Phone: 540-841-3202

**Protodeacon Gregory Moser, Attached**

Phone: 215-794-8980



## SUNDAY, MARCH 8, 2015

**SECOND SUNDAY OF LENT — Tone 6. St. Gregory**

**Palamas.** Synaxis of the Venerable Fathers of the Kiev Caves Lavra. St. Theophylactus, Bishop of Nicomedia (842-845). Ven. Lazarus (1391) and Athanasius (15th c.), of Múrom. Apostle Hermas of the Seventy (1st c.). Hieromartyr Theodoretus of Antioch (4th c.). Ven. Dometius (363). The "KURSK-ROOT" Icon of the Most-holy Theotokos.

**Epistle:** Hebrews 1: 10-2:3

**Gospel:** Mark 2:1-12

## SCHEDULE OF SERVICES

**Confessions:** Saturdays Following Vespers  
*Also by appointment*

**Vespers:** Saturdays at 6pm  
**Vigil** Eve of Feasts at 7pm

**Divine Liturgy:** Sundays at 9:30am  
Feast Days at 9:15am

## UPCOMING SERVICES AND EVENTS:

**Sunday, March 8:**

Hours and Divine Liturgy – 9:10am followed Coffee Hour, Scrip Sunday Church School, Mission Service for Sunday of Orthodoxy at *St. Michael's Orthodox Church* Wilmington, DE – 4pm  
Orthodoxy in the Public Square – 7pm

**Monday, March 9:**

Choir Practice – 7pm

**Tuesday, March 10:**

Liturgy of the Presanctified Gifts – 9:15am, Prison Ministry – 7pm

**Wednesday, March 11:**

Restore and Relax – 7:30pm

**Thursday, March 12:**

Liturgy of the Presanctified Gifts – 7pm

**Friday, March 13:**

Divine Liturgy for Memorial Saturday – 9:30am, Vespers and Confessions – 6pm

**Saturday, March 14:**

Hours and Divine Liturgy – 9:10am followed by Coffee Hour, Church School, Mission Service at *St. Nicholas Serbian Orthodox Church*, Elkins Park – 4pm

**Sunday, March 15:**

# ANNOUNCEMENTS:

**Choir Practice:** Tuesday, March 10<sup>th</sup> at 7pm. See Daria Cortese if interested.

**Church Cleaning:** Families or groups of individuals are asked to volunteer to clean the church on a monthly or semi-monthly basis. Please see Fr. Martin or Jeanette if you are willing to volunteer. March is taken care of, April through December are open.

**Food Sale:** Annual Pascha Food Sale Saturday March 28<sup>th</sup> from 10 to 2. Order forms have been emailed to regular customers, are downloadable from our website, and there are some copies in the vestibule.

**Memorial Saturdays:** You are welcome to submit names not already submitted.

**Prospora:** If you would like to offer one, any offering you make is between you and the Lord. As much as you can, as little as you want.

**Restore and Relax:** The weekly stretching class on Thursday, March 12 at 7:30pm in the Church Hall. For information contact Mat. Heidi, 570 906-1389.

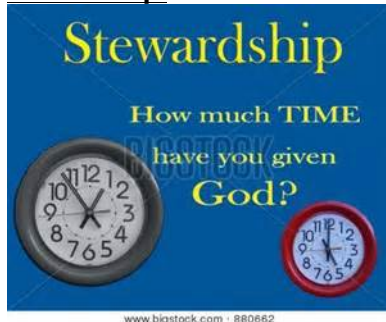
**Scrip Program: TODAY.**

## Saint of the Day Says:

*...if we are dominated by passionate emotions, then we certainly stand in need of the physical suffering that comes from fasting, vigils and similar things. St. Gregory Palamas.*

**IN DEFENSE OF THE HOLY HESYCHASTS 2.2.6**

## Stewardship:



**Wrightstown Food Cupboard: We are in need of Coffee, Tea and juices.**

## Lenten Corner:

- ✓ Confession is a Mystery of personal encounter with Christ the Merciful and Healing Physician of our Souls and Bodies.
- ✓ To live a healthy Orthodox Christian Life is to confess regularly for healing, purification and growth in faith.
- ✓ To confess well requires preparation.
- ✓ Make the time and the effort to come, prepared.
- ✓ Is your soul worth any less than your heart, lungs, teeth, or your car for that matter.

*O cast your burdens on the Lord, and He will sustain you. Ps. 54 prayed at the Sixth Hour*

# VIGIL LIGHTS:

## From the Perdikis Family:

For the Health of:

Evangelia, Shane, Kathryn, Demetrios, Amy, Jessica, Nikolas, Bruce, Antony, Mohamed, Demosthenes, Carmen, Nikki

In Memory of:

Angelo, Evangelia, Arthur, Ekaterini, Kleo, Nikolas, Demetrios, Zografia, Stamatina.

## From the Ristveys:

For the Health of:

George and Margaret, Andrew, Margaret, Ann, Valerie, Lorelly, Gia, Katherine, Mary, Al, Sophia, Matushka Anastasia, Delores, Helen

In Memory of:

Nicholas, Mary, Ann, George, John, Stephen, Michael, Suzanna, Susan, John, Ann

## From the Swan Family:

For the Health of:

Neville, Michael, Venus

In Memory of: Thomas

## From Olga Rosik:

For the Health of:

Rachael

## From the Pitra Family:

In Memory of: Olga Voschenko who fell asleep in the Lord February 23<sup>rd</sup>

## From the Moser Family:

For the Health of:

Stephanie, Peter, Fr. John, Fr. Thomas, Sophia

In Memory of:

Dn. John, Veronica, Rebecca, Charles, Michael, Stephen.

## From Ida Trivelis:

For the Health of:

Ida, Jim, Lisa, Nick, Lexi, Mike, Renee, Kristina, Brian, Mike, Joanne, John, Bridgette, Stella, Moshoula

# BIRTHDAYS:

- Kevin Swan
- John Wanko
- Buddy Rybny
- Dustin Crosby
- Raymond Boyd

# NAMES DAY:

- Protodeacon Gregory Moser